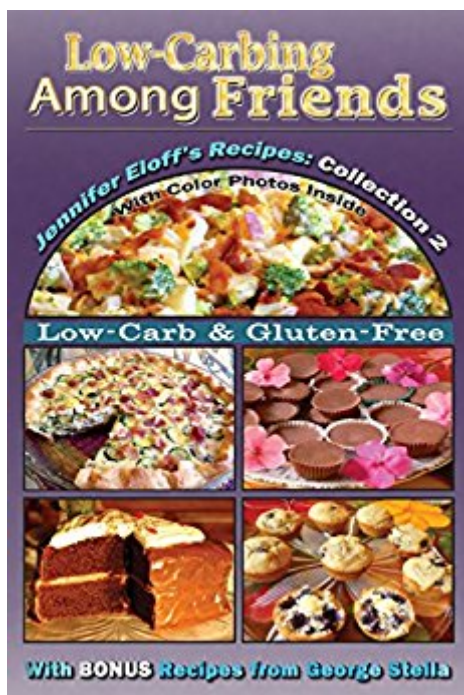


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# Low-Carbing Among Friends, Jennifer's Eloff's Recipe Collection-2: 100% Gluten-free, Low-carb, Atkins-friendly, Wheat-free, Sugar-Free, Recipes, Bestseller Diet Cookbook Series



## Synopsis

By the world's leading Low-Carb Authors, George Stella & Jennifer Eloff Low-Carbing Among Friends is a NATIONAL BEST SELLER cookbook by the World's most famous Low-Carb and Gluten-Free recipe creators, and #1 Low-Carb team in the world! Team founder, Jennifer (World's most famous lady Low-Carb cookbook author) has produced the 2 NEW cookbooks (with MANY COLOR photos!) of her famous Low-Carb recipes (This is COLLECTION-2) with foreword and a guest appearance (recipes) by George Stella, world-famous Low-Carb Chef and TV personality. Collection-2 is available in Kindle and in hard-copy (Spiral bound!) with MANY lovely COLOR photos + Recipes organized by Category - all stringently Low-Carb! 100% of the recipes are Sugar, Wheat and Gluten Free. Decades of learning, make this book very special for Low-Carbers! All recipes are less than 10g carbs/serving, but MOST are less than 5g - from strict Induction to regular low-carbing! 2/3rds of the recipes are for Meal-times, about 1/3rd are for Breads, Desserts, Baking etc. If you are intolerant to gluten, have Celiac disease or prefer to avoid Wheat/Gluten products, you will be thankful for this enormous resource of awesome recipes ... Low-Carb, 100% wheat and Gluten-free! These recipes are incredibly innovative, simply wonderful breakthroughs! It is easy to create low-carb, sugar-free recipes, most people have a pretty good handle on that, it's much tougher to also make those recipes wheat-free and gluten-free while retaining authentic taste - that's very challenging! We support you with our World's #1 (most popular) Low-Carb FACEBOOK pages "LowCarbingAmongFriends" and "LowCarbHitParade", blogs, websites and YouTube. \*\*SPECIAL ORDER Custom-COIL BOUND\*\* versions at AmongFriends.us or BUY regular version at [with \(PRIME\) FREE SHIPPING!](#) NOTE: Jennifer tested her recipes with a variety of Low-Carb sweeteners, NATURAL / artificial. It's easy to use the provided cross-substitution info to use YOUR OWN FAVORITE Sweetener!

## Book Information

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## Customer Reviews

First I love that these are easy recipes and not fancy complicated. I like the baking mix #2, very versatile. The Old fashion chocolate chip cookie recipe is outstanding, husband enjoyed! The KC rib rub is fantastic, lots of flavor and we used it on pork as well. This is a great cookbook to add to your low carb collection.

Love the book - I have the 1st set and now this updated version. So many recipes and great information on each.

Every recipe I have tried has been wonderful. Very happy with this purchase.

Great low carb recipes, can't wait to start cooking!

has some very good recipes in it plus a lot of information love good low-carb recipes

Second book in Jennifer's new Kindle series, "Low Carbing Among Friends" - at this price, how can you NOT own these two books AND to be able to transfer them onto my Kindle, then tote it to the kitchen and start right in on the recipe is a big plus! I am very familiar with Jennifer, her dedication to low-carb living, and her previous cookbooks, most of which are already on my bookshelf. This is a little different than the original Low Carbing Among Friends as this series is primarily composed of Jennifer's recipes, where the original had many low-carb authors in it. I like this format because I

know I can trust Jen's tried-n-true recipes, as her family and friends have been her guinea pigs for many years! From awesome appetizers to decadent desserts, she's covered the bases here. Book is well-worth the \$4 just to get her Bits 'n Bites tips, sweetener conversion tables, and her excellent Bake Mix recipes. Not to mention - some beautiful full-color pictures, and some bonus recipes by low-carb guru George Stella as well!

I love this collection of low-carb and gluten-free recipes. Every recipe I have made so far has been simple and easy to prepare not to mention delicious!! I find the "Bits and Bites" on the bottom of the pages to be very information as well. I enjoy baking and cooking and I find this less expensive than buying pre-packaged low-carb and gluten-free products.

I just received my cookbook and couldn't wait to try the Old-Fashioned Chocolate Chip Cookies. I made them today and they are fantastic! I have to freeze them so I don't eat too many! I can't wait to try the New York Cheesecake!

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Low-Carbing Among Friends, Jennifer's Eloff's Recipe Collection-2: 100% Gluten-free, Low-carb, Atkins-friendly, Wheat-free, Sugar-Free, Recipes, Bestseller Diet Cookbook series Low-Carbing Among Friends, Jennifer's Eloff's Recipe Collection-1: 100% Gluten-free, Low-carb, Atkins-friendly, Wheat-free, Sugar-Free, Recipes, Bestseller Diet Cookbook series Low Carb: 365 Days of Low Carb Recipes (Low Carb, Low Carb Cookbook, Low Carb Diet, Low Carb Recipes, Low Carb Slow Cooker, Low Carb Slow Cooker Recipes, Low Carb Living, Low Carb Diet For Beginners) Atkins Diet: Dr Atkins New Diet Revolution - 6 Week Low Carb Diet Plan for You (Atkins Diet Book, Low Carb Cookbook, Atkins Diet Cookbook, High Protein Cookbook, New Atkins Diet) Low Carb Cookbook: Delicious Snack Recipes for Weight Loss. (low carbohydrate foods, low carb cooking, low carb diet, low carb recipes, low carb, low carb ... dinner recipes, low carb diets Book 1) Low Carb Cookbook: 500 BEST LOW CARB RECIPES (low carb diet for beginners, lose weight, Atkins diet, low carb foods, low carb diet weight loss, low carb food list) Low Carb Diet: Introduction To Low Carb Diet And Recipes Of Low Carb Soups And Casseroles: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) ATKINS: Atkins Diet Disaster: Avoid The Most Common Mistakes - Includes Secrets for RAPID WEIGHT LOSS with the Low Carb Atkins Diet (Atkins diet, Atkins ... diet, Paleo diet, Anti inflammatory diet) Atkins Diet: Atkins Diet For Diabetes-Low Carb High Protein Diet To Lower Your Blood Sugar & Lose weight-14 Day meal plan-42 Recipes (Atkins Diet Quickstart ... Diet,diabetes,reverse type 2,atkins) Low Carb: The

Ultimate Beginner's Low Carb Guide to Lose Weight Quick without Starving With over 20 Easy Recipes To Follow. (Low Carb, Low Carb Cookbook, ... Diet, Low Carb Recipes, Low Carb Cookbook) LOW CARB DIET: KETOGENIC DIET: 1000 BEST LOW CARB AND KETOGENIC DIET RECIPES (BOX SET): low carb cookbook, ketogenic diet for beginners, low carb diet for beginners, low carbohydrate diet, ketogenic Low Carb: Low Carb, High Fat Diet. The Winning Formula To Lose Weight (Healthy Cooking, Low Carb Diet, Low Carb Recipes, Low Carb Cookbook, Eat Fat, Ketogenic Diet) Low Carb Candy Bars: 25 Low Carb Recipes To Satisfy Your Sweet Tooth: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Almond: Coconut: Almond Flour & Coconut Flour - Gluten Free Cookbook for Paleo Diet, Celiac Diet & Wheat Free Diet (paleo baking, paleo beginners, wheat ... baking recipes, gluten free diet cookbook) The Ketogenic Diet Cookbook: Lose 15 Lbs In Two-Weeks With 66 Perfect Low Carb Keto Recipes: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) My Grain & Brain Gluten-free Slow Cooker Cookbook: 101 Gluten-free Slow Cooker Recipes to Boost Brain Power & Lose Belly Fat - A Grain-free, Low Sugar, Low Carb and Wheat-Free Slow Cooker Cookbook Low Carb: Don't starve! How to fit into your old jeans in 7 days without starving with a Low Carb & High Protein Diet (low carb cookbook, low carb recipes, low carb cooking) Gluten Free: Gluten Free Diet for Beginners: Create Your Gluten Free Lifestyle for Vibrant Health, Wellness & Weight Loss (Gluten-Free Diet, Celiac Disease, Wheat Free, Cookbook Book 1) Low Carb: Low Carb High Fat Diet - How to Lose 7 Pounds in 7 Days with Low Carb and High Protein Diet Without Starving! (low carbohydrate, high protein, ... carb cookbook, ketogenic diet, paleo diet) Keto Bread Cookbook: Real Low Carb Recipes: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes)

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